

**Newton's  
Eat-In  
Adventure**

# JANUARY 2018

## BOYDEN-HULL ELEMENTARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>  	<b>2</b> <b>Golden Corn Dog</b>  Tangy Coleslaw Fresh Baby Carrots  <b>Alt: Ham Sub</b>	<b>3</b> <b>Zesty Tachos</b>  Spanish Rice Crisp Romaine Lettuce Fresh Diced Tomatoes Pinto Beans <b>Alt: Hot Dog</b>	<b>4</b> <b>Creamy Chicken &amp; Rice Casserole</b>  <b>Corn</b>  <b>Alt: Turkey Sub</b>	<b>5</b> <b>Cheeseburger</b>  Crisp Baked Fries Romaine Sliced Tomatoes  <b>Alt: Chicken Patty</b>
<b>8</b> <b>Toasty Grilled Cheese</b>  Mixed Vegetables Tomato Soup  <b>Alt: Hot Ham</b>	<b>9</b> <b>Golden Chicken Nuggets</b>  Steamed Green Beans Fresh Baby Carrots Dinner Roll <b>Alt: Ham Sub</b>	<b>10</b> <b>Zesty Tachos</b>  Spanish Rice Crisp Romaine Lettuce Fresh Diced Tomatoes Pinto Beans <b>Alt: Hot Dog</b>	<b>11</b> <b>Zesty Taco Soup w/ Crunchy Corn Tortilla Chips</b>  Refried Beans Crisp Romaine Lettuce Fresh Diced Tomatoe <b>Alt: Turkey Sub</b>	<b>12</b> <b>Cheeseburger</b>  Crisp Baked Fries Romaine  <b>Alt: Chicken Patty</b>
<b>15</b> <b>Cheesy Baked Ziti</b>  Sweet Corn Fresh Broccoli Trees  <b>Alt: Hot Ham</b>	<b>16</b> <b>Crunchy Frito Pie</b>  Zesty Spanish Rice Pinto Beans w/Salsa Fresh Diced Tomatoes Crisp Romaine Lettuce <b>Alt: Ham Sub</b>	<b>17</b> <b>Roasted Turkey w/Gravy</b>  Dinner Roll Mashed Potatoes Crunchy Baby Carrots <b>Alt: Hot Dog</b>	<b>18</b> <b>Sweet &amp; Sour Chicken Nuggets</b>  Brown Rice Orange Glazed Carrots Fresh Broccoli Trees <b>Alt: Turkey Sub</b>	<b>19</b> <b>Pepperoni Pizza</b>  Steamed Green Beans Romaine  <b>Alt: Chicken Patty</b>
<b>22</b> <b>French Toast Sticks</b>  Scrambled Eggs Tri Tator Crunchy Baby Carrots Syrup  <b>Alt: Hot Ham</b>	<b>23</b> <b>Crispy Chicken Parmesan</b>  Spaghetti Italian Vegetables  <b>Alt: Ham Sub</b>	<b>24</b> <b>BBQ Pulled Pork Sandwich</b>  Sweet Potato Waffle Fries Sweet Corn Cobette <b>Alt: Hot Dog</b>	<b>25</b> <b>Cheesy Beef Nachos</b>  Pinto Beans Salsa  <b>Alt: Turkey Sub</b>	<b>26</b> <b>Cheeseburger</b>  Ranch Jo Jo's Fresh Garden Salad  <b>Alt: Chicken Patty</b>
<b>29</b> <b>Latin Breakfast Bake</b>  Zesty Spanish Rice Refried Beans Crisp Romaine Lettuce Fresh Diced Tomatoes <b>Alt: Hot Ham</b>	<b>30</b> <b>Crispy Chicken Bowl</b>  Mashed Potatoes Fresh Baby Carrots  <b>Alt: Ham Sub</b>	<b>31</b> <b>Spaghetti w/ Meat Sauce</b>  Garlic Breadstick Romaine Italian Vegetables <b>Alt: Hot Dog</b>		
				

**NUTRITION BAR**

Included with your meal and offered daily.  
 Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email Sherri Lokhorst,  
 FSD at [boydenhull@aviands.com](mailto:boydenhull@aviands.com) or call 7127252381

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