



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>Chicken Alfredo</b>  Baby Carrots Cheese Broccoli  Alt: Hot Dog	<b>2</b> <b>Hard Shell Beef Tacos</b> Spanish Rice Pinto Beans  Alt: Turkey Sub	<b>3</b>  <b>No School</b>
	<b>6</b> <b>Chicken Burrito</b> Mexi-corn Salsa Refried Beans  Alt: Hot Ham	<b>7</b> <b>Pulled Pork Sandwich</b>  Sweet Potato Waffle Fries Cucumbers Alt: Ham Sub	<b>8</b> <b>Chicken Patty on a Bun</b>  Italian Vegetables  Alt: Hot Dog	<b>9</b> <b>Grilled Cheese</b>  <b>Tomato Soup</b> Green Beans  Alt: Turkey Sub
<b>13</b> <b>Italian Dunkers</b>  Salad Broccoli  Alt: Hot Ham	<b>14</b> <b>Spicy Mexican Chicken</b> Brown Rice Corn Celery Alt: Ham Sub	<b>15</b> <b>Pizza Casserole w/Breadstick</b>  Mixed Vegetables Cherry Tomatoes  Alt: Hot Dog	<b>16</b> <b>Tachos</b>  Spanish Rice Refried Beans Romaine Lettuce  Alt: Turkey Sub	<b>17</b> <b>Cheese Pizza</b>  Garden Salad Baked Fries  Alt: Chicken Patty
<b>20</b> <b>Baked Ziti</b>  Corn Fresh Broccoli  Alt: Hot Ham	<b>21</b> <b>Hard Shell Beef Taco</b>  Spanish Rice Pinto Beans w/Salsa Tomatoes Alt: Ham Sub	<b>22</b> <b>Roast Turkey</b>  Dinner Roll Mashed Potatoes Gravy Corn  Alt: Hot Dog	<b>23</b>	
<b>27</b> <b>French Toast Sticks</b> Scrambled Eggs Tator Tots Baby Carrots  Alt: Hot Ham	<b>28</b> <b>Chicken Parmesan Spaghetti</b> Italian Vegetables  Alt: Ham Sub	<b>29</b> <b>Pulled Pork Sandwich</b> Sweet Potato Waffle Fries Corn  Alt: Hot Dog	<b>30</b> <b>Chicken Burrito</b>  Pinto Beans Salsa  Alt: Turkey Sub	<p>Choose <b>MyPlate</b>.gov</p>

**NUTRITION BAR**

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director, Sherri Lokhorst at [boydenhull@aviands.com](mailto:boydenhull@aviands.com) or at 712-725-2381

