



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Mac & Cheese</p> <p>Bread Stick Steamed Peas Baby Carrots Fruit Choice Milk</p>	<p>3 Chili Dog</p> <p>Romaine Lettuce Diced Tomatoes Fruit Choice Milk</p>	<p>4 Frito Pie</p> <p>Romaine Lettuce Cherry Tomatoes Fruit Choice Milk</p>	<p>5 Early Out</p>	<p>6 No School</p>
<p>9 Italian Dunkers</p> <p>Green Beans California Vegetables Fruit Choice Milk</p>	<p>10 Corn Dog</p> <p>Tator Tots Fresh Carrots Fruit Choice Milk</p>	<p>11 Beef Nachos</p> <p>Refried Beans Romaine Lettuce Diced Tomatoes Fruit Choice Milk</p>	<p>12 BBQ Chicken Drummie</p> <p>JoJo's Dinner Roll Romaine Lettuce Fruit Choice Milk</p>	<p>13 Cheese Pizza</p> <p>Garden Salad Fresh Broccoli Fruit Choice</p>
<p>16 Grilled Cheese</p> <p>Mixed Vegetables Popeye Salad Tomato Soup Fruit Choice Milk</p>	<p>17 Chicken Nuggets</p> <p>Green Beans Baby Carrots Dinner Roll Fruit Choice Milk</p>	<p>18 Tachos</p> <p>Spanish Rice Romaine Lettuce Tomatoes Pinto Beans Fruit Choice Milk</p>	<p>19 Honey Glazed Pork Roast</p> <p>Glazed Carrots Mashed Potatoes Dinner Roll Fruit Choice Milk</p>	<p>20 Hot Dog</p> <p>Garden Salad Baked Fries Fruit Choice Milk</p>
<p>23 Chicken Fajitas</p> <p>Romaine Lettuce Diced Tomatoes Salsa Fruit Choice Milk</p>	<p>24 Spaghetti w/Meat sauce & Garlic Breadstick</p> <p>Steamed Corn Cucumbers Fruit Choice Milk</p>	<p>25 Sweet & Sour Chicken</p> <p>Glazed Carrots Fresh Broccoli Fruit Choice Milk</p>	<p>26 Frito Pie</p> <p>Romaine Lettuce Diced Tomatoes Pinto Beans Fruit Choice Milk</p>	<p>27 Cheese Pizza</p> <p>Garden Salad Celery Fruit Choice Milk</p>
<p>30 French Toast Sticks</p> <p>Scrambled Eggs Tator Tots Cucumbers Fruit Choice Milk</p>	<p>31 Beef Pasta Bake</p> <p>Breadstick Romaine Salad Green Beans Fruit Choice Milk</p>	<p>Mon- Turkey Sub Tues- Ham Sub Wed.- Italian Sub Thurs- Turkey Wrap Fri- Ham Wrap</p>	<p>FRESH PICKS</p>	<p>ChooseMyPlate.gov</p>

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director, Sherri Lokhorst at boydenhull@aviands.com or call 712-725-2381

