

MOC-Floyd Valley September Breakfast Menu 2017



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Toast w/Jelly Yogurt Juice Fruit Milk
4 LABOR DAY No school	5 Pancakes Syrup Fruit Juice Milk	6 Cereal Yogurt Fruit Juice Milk	7 Breakfast burrito Fruit Juice Milk	8 Donut Fruit Juice Milk
11 Cereal Yogurt Fruit Juice Milk	12 Toast/jelly Egg-omelet Fruit Juice Milk	13 Cereal bar Yogurt Fruit Juice Milk	14 Pancake and sausage on a stick Fruit Juice Milk	15 French Toast Minis Syrup Fruit Juice Milk
18 Cinnamon Roll Minis Fruit Juice Milk	19 Cereal Yogurt Fruit Juice Milk	20 Toast/jelly Scrambled eggs Fruit Juice Milk	21 Breakfast Pizza Juice Fruit Milk	22 Pancakes Syrup Fruit Juice Milk
25 Waffles Syrup Fruit Juice Milk	26 Cereal Yogurt Fruit Juice Milk	27 Muffin Fruit Juice Milk	28 Breakfast Sliders Juice Fruit Milk	29 Toast/jelly Eggs Fruit Juice Milk

This institution is an equal opportunity provider.

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 MAC AND CHEESE MINI CORNDOGS PEAS (9-12) APPLE MILK
4 LABOR DAY No School	5 PIZZA BREADSTICK/ MARINARA LETTUCE/RANCH BANANA MILK	6 TACO LETTUCE/TOMATO/ CHEESE BAKED BEANS PEARS CHIPS SALSA (9-12) MILK	7 ITALIAN PASTA BAKE FRESH VEGGIES/RANCH APPLESAUCE GARLIC BREAD MILK	8 POPCORN CHICKEN MASHED POTATOES/ GRAVY GREEN BEANS ROLL/JELLY ORANGE MILK
11 MR. RIBB/BUN/ BBQ SAUCE ROMAINE/TOMATO CONFETTI FRIES/ KETCHUP BAKED BEANS FRUIT	12 ITALIAN DUNKERS MEATSAUCE SPINACH SALAD/ RANCH COOKED CARROTS STRAWBERRIES MILK	13 CHICKEN STRIPS/ KETCHUP MASHED POTATOES/ GRAVY COOKED BROCCOLI ROLL/JELLY FRUIT	14 FRENCH TOAST STICKS SAUSAGE POTATO WEDGES/ KETCHUP PEACHES GRAHAM STICK (9-12) MILK	15 ORANGE CHICKEN BROWN RICE CORN STIR FRY VEGGIES FRUIT MILK
18 NACHOS MEAT AND CHEESE SAUCE LETTUCE/TOMATO/ CHEESE FRUIT MILK	19 GRILLED CHICKEN SAVORY RICE BROCCOLI GARLIC BREAD (6-12) BANANA MILK	20 SALISBURY STEAK MASHED POTATOES/ GRAVY GREEN BEANS ROLL/JELLY PINEAPPLE SNICKERDOODLE	21 Grilled Cheese Baked Beans Veggies/Ranch Chips (9-12) Oranges Milk	22 CORN DOG/KETCHUP SPINACH SALAD/ RANCH PEAS SPECIAL K BAR (9-12) MILK
25 CREAMED CHICKEN ON A BISCUIT TOSSED ROMAINE/ RANCH STEAMED CARROTS STRAWBERRIES MILK	26 BBQ ON A BUN TRI-TATOR/KETCHUP GREEN BEANS KIWI CRISP DESSERT MILK	27 MEATBALL SUB/ CHEESE FRESH VEGGIES/ RANCH CORN CITRUS FRUIT CUP MILK	28 LASAGNA SPINACH SALAD/RANCH GARLIC BREAD TOMATO SLICES (9-12) APPLE MILK	29 TAVERN ON A BUN CHEESE CONFETTI FRIES/ KETCHUP BAKED BEANS GRAPES MILK

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