

Sibley-Ocheyedan Community Schools

Jan. 2019

Menu are subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
			Jan - 3 Breaded Cheese Stick Glazed Carrots Fresh Celery Sticks Cucumber Slices Pineapple Tidbits Fresh Apple, 1/2 Chocolate Cake Marinara Sauce milk variety	Jan - 4 Pulled roast pork /Bun Calico Beans Baby whole Carrots Broccoli, fresh Applesauce Sun Chips milk variety
Jan - 7 Goulash Green Beans Fresh Celery Sticks Whole Baby Carrots Mixed fruit Tea Roll - Shaughnessys milk variety	Jan - 8 Chicken Nuggets French Fries Corn Oranges Peaches Graham Crackers milk variety	Jan - 9 Hot Dog on a Bun Baked Beans Spinach Salad Plump pears Cookie milk variety	Jan - 10 Walking Taco Shredded Cheese Romaine lettuce tomato fresh Mandarin Oranges milk variety	Jan - 11 Mr. Ribb on a Bun Broccoli w/Cheese Cucumber Slices Applesauce Cheetos Trax Crackers milk variety
Jan - 14 popcorn chicken Tangy Orange Chicken Oriental Rice steamed carrots Broccoli, fresh Fresh Celery Sticks Plump pears WG Bread & Butter milk variety	Jan - 15 Crispito Shredded Cheese Romaine lettuce Refried Beans tomato fresh Mixed Fruit Pineapple Tidbits milk variety	Jan - 16 Cheese Pizza Pizza Pepperoni Romaine lettuce California Blend Mandarin Oranges Rice Krispie Bar milk variety	Jan - 17 Scalloped Potatoes/Ham Green Beans Romaine lettuce Applesauce Raisels Sun butter Sandwich Elem WG Bread & Butter milk variety	Jan - 18 Hamburger/Bun Cheese Slice Salad w/Romaine Sweet Potato Fries tomato fresh Peaches Fresh Apple, 1/2 milk variety
Jan - 21 Cream Chicken/Biscuit Romaine lettuce Peas Pineapple Tidbits Baked Apple Slices Graham Crackers milk variety	Jan - 22 Hot Beef Whipped Potatoes Beef Gravy Corn Plump pears Tea Roll milk variety	Jan - 23 Nacho Supreme Romaine lettuce Green Beans tomato fresh Peaches milk variety	Jan - 24 French toast Lit'l Smokies Totally Tri-Tater Fresh Celery Sticks Cucumber Slices Succulent Strawberries Mixed Fruit milk variety	Jan - 25 BBQ on a Whole grain Bun Calico Beans Whole Baby Carrots Applesauce Sun Chips milk variety
Jan - 28 Chick Noodle Hotdish Broccoli w/Cheese Fresh Celery Sticks Peaches Fresh Apple, 1/2 Cookies and Cream WG Bread & Butter milk variety	Jan - 29 popcorn chicken Whipped Potatoes Gravy Corn Plump pears Tea Roll milk variety	Jan - 30 Soft Shell Taco/Cheese Shredded Cheese Romaine lettuce Refried Beans tomato fresh Mandarin Oranges milk variety	Jan - 31 Chili Cracker Classic Creamy Cole Slaw Whole Baby Carrots Applesauce Cinnamon Roll milk variety	Feb - 1 Hot Ham on a Bun Cheese Slice Glazed Carrots French Fries Pineapple Tidbits Sidekicks fruit slush milk variety

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.