

Sibley-Ocheyedan Community Schools

Nov. 2018

Menu is subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Pancake on a Stick Cereal Choice applesauce straw/Cinn. Juice milk variety	Oct - 30 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Oct - 31 Egg Ch. Ham Bun Elem. Egg ,Ham,Pretzel Roll fruit fresh Cereal Juice milk variety	Nov - 1 Waffles Succulent Strawberries Cereal Juice milk variety	Nov - 2 Blueberry or Cinn. cake Cereal Juice fruit choice milk variety
Nov - 5 French toast Succulent Strawberries Cereal Juice milk variety	Nov - 6 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Nov - 7 Sausage, Egg, Cheese Bun Juice Cereal Choice fruit fresh milk variety	Nov - 8 Jamwich MS & HS Uncrustable-Strawberry Cereal Peach cups Juice milk variety	Nov - 9 Cinna Buns Cereal Choice Juice Yogurt fruit choice milk variety
Nov - 12 Pancakes Cereal Choice applesauce straw/Cinn. Juice milk variety	Nov - 13 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Nov - 14 Egg Ch. Ham Bun Elem. Egg ,Ham,Pretzel Roll fruit fresh Cereal Juice milk variety	Nov - 15 Omelet Toast Cereal fruit fresh go gurt Juice milk variety	Nov - 16 Blueberry Muffin Cereal Juice Raisels milk variety
Nov - 19 Ham Egg Breakfast Bar Cereal Peach cups Juice milk variety	Nov - 20 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Nov - 21 Sausage, Egg, Cheese Bun Juice Cereal Choice fruit fresh milk variety	Nov - 22 Happy Thanksgiving NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 Dutch Waffle Waffles Succulent Strawberries Cereal Juice milk variety	Nov - 27 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Nov - 28 Egg Ch. Ham Bun Elem. Egg ,Ham,Pretzel Roll fruit fresh Cereal Juice milk variety	Nov - 29 Bacon Breakfast Boat Cereal Apricots Juice milk variety	Nov - 30 Cinnamon Roll Cereal Juice fruit choice milk variety

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.