

# Sibley-Ocheyedan Community Schools

Nov. 2018

Menu are subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Spaghetti Salad w/Romaine Fresh Celery Sticks Cucumber Slices Fruit Salad Garlic toast milk variety	Oct - 30 Mr. Ribb on a Bun California Blend w/Chz Whole Baby Carrots Applesauce Sidekicks fruit slush milk variety	Oct - 31 Happy Halloween Chicken Nuggets Whipped Potatoes Gravy, Chicken 1/8 cup Corn Oranges Peaches Graham Crackers milk variety	Nov - 1 Hot Dog on a Bun Calico Beans Spinach Salad Plump pears Cookie milk variety	Nov - 2 NO SCHOOL TODAY
Nov - 5 popcorn chicken Tangy Orange Chicken Oriental Rice steamed carrots Cucumber Slices Broccoli, fresh Fresh Celery Sticks Plump pears Tea Roll milk variety	Nov - 6 Crispito Shredded Cheese Romaine lettuce Refried Beans tomato fresh Mixed Fruit Pineapple Tidbits milk variety	Nov - 7 Cheese Pizza Romaine lettuce Broccoli w/Cheese Mandarin Oranges Cherries, Dried Raisels milk variety	Nov - 8 Turkey Stuffing Whipped Potatoes Gravy, Chicken 1/8 cup Corn Cranberry Sauce Pumpkin Dessert Whipped Topping Tea Roll milk variety	Nov - 9 Hamburger on a Bun Romaine lettuce tasty tots tomato fresh Peaches Fresh Apple, 1/2 milk variety
Nov - 12 Creamed Chicken/Biscuit ES Romaine lettuce Peas Pineapple Tidbits Peach Cobbler Whipped Topping milk variety	Nov - 13 Pork tenderlion/Bun Romaine lettuce Calico Beans Peaches Oranges milk variety	Nov - 14 Nacho Supreme Romaine lettuce Corn tomato fresh Plump pears milk variety	Nov - 15 French toast Lit'l Smokies Totally Tri-Tater Fresh Celery Sticks Cucumber Slices Succulent Strawberries Mixed Fruit milk variety	Nov - 16 BBQ on a Whole grain Bun Green Beans Whole Baby Carrots Applesauce Sidekicks fruit slush milk variety
Nov - 19 Soft Shell Taco/Cheese Romaine lettuce Refried Beans tomato fresh Mandarin Oranges milk variety	Nov - 20 Breaded Cheese Stick Glazed Carrots Fresh Celery Sticks Cucumber Slices Pineapple Tidbits fruit fresh Chocolate Cake Benards Marinara Sauce milk variety	Nov - 21 Chicken Patty/Bun Romaine lettuce Peas Mandarin Oranges Raisels Barbecue sauce milk variety	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 Ham & Cheese Sub Corn Romaine lettuce tomato fresh Mixed fruit Fresh Apple, 1/2 Sun Chips milk variety	Nov - 27 popcorn chicken Whipped Potatoes Gravy Corn Plump pears Tea Roll milk variety	Nov - 28 Hamburger/Bun Cheese Slice Baked Beans Potato Wedges Applesauce milk variety	Nov - 29 Chili Cracker Classic Creamy Cole Slaw Whole Baby Carrots Applesauce Cinnamon Roll milk variety	Nov - 30 Chicken Flatbread Sand. Shredded Cheese Romaine lettuce Fresh Celery Sticks Whole Baby Carrots tomato fresh Peaches Sidekicks fruit slush milk variety

This institution is an equal opportunity provider.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.