

Sibley-Ocheyedan Community Schools

Sept. 2018

Menu is subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 NO SCHOOL TODAY	Sep - 4 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Sep - 5 Egg Ch. Ham Bun Elem. Egg ,Ham,Pretzel Roll fruit fresh Cereal Juice milk variety	Sep - 6 Omelet Toast Cereal applesauce straw/Cinn. go gurt Juice milk variety	Sep - 7 Blueberry or Cinn. cake Cereal Juice Sidekicks fruit slush milk variety
Sep - 10 Dutch Waffle Succulent Strawberries Cereal Juice milk variety	Sep - 11 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Sep - 12 Sausage, Egg, Cheese Bun Juice Cereal Choice fruit fresh milk variety	Sep - 13 Breakfast wrap Cereal Sidekicks fruit slush Juice milk variety	Sep - 14 Cinnamon Roll Cereal Juice fruit choice milk variety
Sep - 17 NO SCHOOL TODAY	Sep - 18 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Sep - 19 Egg Ch. Ham Bun Elem. Egg ,Ham,Pretzel Roll fruit fresh Cereal Juice milk variety	Sep - 20 Jamwich MS & HS Uncrustable-Strawberry Cereal Peach cups Juice milk variety	Sep - 21 Blueberry Muffin Muffin, Blueberry Cereal Juice Raisels milk variety
Sep - 24 Pancake on a Stick Cereal Choice applesauce straw/Cinn. Juice milk variety	Sep - 25 Breakfast Pizza Juice Cereal Mandarin Oranges milk variety	Sep - 26 Sausage, Egg, Cheese Bun Juice Cereal Choice fruit fresh milk variety	Sep - 27 Poptarts MS HS Poptarts Elem applesauce straw/Cinn. Cereal Juice milk variety	Sep - 28 Mini Bagels Cereal Plump pears Juice milk variety Yogurt

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.