



**Meal Prices - Students--\$2.65
Adults--\$3.70**



This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Choice of Salad Bar available at Middle & High School daily.

Menus subject to change without notice.

Tuesday



Wednesday

Thursday

Friday

Popcorn Nuggets
Whipped Potatoes
Green Beans
Bananas/Milk

5

Tuna/Noodles
Peas/Mixed Veg.
Dinner Roll
Peaches/Milk

6

Corn Dog
Smiles
Baked Beans/Carrot Sticks
Pears/Milk

7

Baked Potato
W/Chili and Cheese
California Mix/Green Beans
Applesauce/Milk

8

Italian Dunkers
Lettuce/Carrots/Celery
Pineapple
Milk

9

Orange Chicken
Broccoli/Carrots
Asian Rice/ Bananas
Milk

12

Hamburger/Bun
French Fries
Baked Beans
Mixed Fruit/Milk

13

Heart Shaped Nuggets
Or Fish Shaped Nuggets
Whipped Potatoes
Green Beans/Peaches/Milk

14

Taco Bag
Lettuce/Cheese/Tomato
Corn/Refried Beans
Pears/Milk

15

Stuffed Crust Pizza
Lettuce/Carrots/Celery
Pineapple
Milk

16

Tavern
Sweet Potato Fries
Coleslaw/Bananas
Milk

19

Stromboli
Broccoli/Carrots
Sidekicks
Milk

20

Hotdog/Bun
French Fries
Baked Beans
Applesauce/Milk

21

Nacho Supreme
w/Cheese & Meat
Lettuce/Carrots/Celery
Pineapple/Milk

22

Fish/Bun
Ranch Wedges
Green Beans
Peaches/Milk

23

No School

26

Creamed Chicken
Whipped Potatoes
Green Beans
Bananas/Milk

27

Double Stuffed Pizza
Lettuce/Carrots/Celery
Sidekicks
Milk

28

