



Meal Prices—Students--\$1.65
Adults--\$2.25

This institution is an equal opportunity



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Cereal & Toast served daily
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Menus subject  
to change

### Wednesday



### Thursday

### Friday

Cereal Bar  
Fruit  
Juice  
Milk

5

French Toast  
Fruit  
Juice  
Milk

6

Chocolate Crescent Roll  
Fruit  
Juice  
Milk

7

Breakfast Pizza  
Fruit  
Juice  
Milk

8

Mini Donuts  
Fruit  
Juice  
Milk

9

Muffin  
Fruit  
Juice  
Milk

12

Omelet/Toast  
Fruit  
Juice  
Milk

13

Mini Waffles  
Fruit  
Juice  
Milk

14

Breakfast Sandwiches  
Fruit  
Juice  
Milk

15

Donuts  
Fruit  
Juice  
Milk

16

Poptart  
Fruit  
Juice  
Milk

19

Chocolate Crescent Roll  
Fruit  
Juice  
Milk

20

Pancake Wrapped Sausage  
Fruit  
Juice  
Milk

21

Breakfast Pizza  
Fruit  
Juice  
Milk

22

Little John's  
Fruit  
Juice  
Milk

23

Cereal Bar  
Fruit  
Juice  
Milk

26

Omelet/Toast  
Fruit  
Juice  
Milk

27

Breakfast Sandwich  
Fruit  
Juice  
Milk

28

Long Johns  
Fruit  
Juice  
Milk

29

NO SCHOOL

30